

The New Jersey National Guard seeks fast runners for the Army 10-Miler

The New Jersey Army National Guard is looking to build a competitive team this year to represent the state October 24, 2010 in Washington D.C. for the Army 10-Miler.

We will host a timed 10-mile run at Sea Girt August 3rd to select the fastest runners to be members of the team. All ranks, male and female are eligible! Those selected will be placed on temporary duty (TDY) and their registration prepaid for the event.

If you are interested, start training now and mark your calendar for August 3rd to report to Sea Girt for the qualifier. (Bldg. 35, 0600 report time)

Note: The posted results of another 10-miler or longer race that has been performed within 2 months of the 10-miler can be used as an alternate qualifier.

For more information contact SFC Rowton or visit <u>www. army10miler.com</u> for more information about the race itself.

(melanie.rowton@us.army.mil)